

## Singapore Clinics Offer Effective Treatments for Colorectal Cancer

Do you suffer from persistent diarrhea and constipation? Colorectal cancer is probably the problem which is taking a toll on your health. It is one of the commonest forms of cancer affecting more than 1,200 people each year in Singapore.

Colorectal cancer occurs in the large intestine (Colon and Rectum). In most cases, colorectal cancer begins with the small, non-cancerous growths called polyps attached to the wall of the colon. These growths may further develop and become cancerous over time.

Most patients diagnosed with colorectal cancer belong to the age group of 45 to 50 year olds. There are many cases of colorectal cancer in which the patients are under the age of 20. Various medical researches suggest that this is a hereditary transition of this kind of cancer from one generation to another.

Change in bowel habits such as persistent diarrhea, constipation or change in the frequency of stools are some of the common symptoms of colorectal cancer. In addition, bleeding while passing stools is also another common symptom that requires immediate medical attention. Other symptoms include abdominal discomfort or pain. Occasionally, a mass is also felt in the abdomen.



The simplest way to detect the colorectal cancer is a rectal examination wherein the doctor inserts the finger into the rectum. The process takes less than 5 minutes and causes minimal discomfort. However, it detects the spread of cancer on the upper mass of the rectum. In order to detect cancer affected areas beyond 8 cms, which is the standard reach, doctors suggest a few tests. A wide variety of blood tests, colonoscopy, and CT scans of the body are few of the tests which patients are required to take.

Surgical treatments are known for curing colorectal cancer. In most cases chemotherapy and radiation therapy yield results, besides a surgery.

**Quah Hak Mien Colorectal Centre** in Singapore provides comprehensive treatment to cure this form of cancer. This clinic is committed to offering complete health care support under the supervision of a team of expert doctors and specialized surgeons. The doctors at this clinic work collaboratively with other specialists to guarantee measurable results.

Doctors at the clinic undergo special training sessions to stay tuned with the latest innovations in the field of medical science and learn new techniques and approaches for effective treatments.



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**Operating Hours:**

Mon-Fri : 8.30 am - 5 pm

Sat : 8.30 am - 1 pm

Closed on Sundays & on Singapore public holidays.